

Ergebnis Ferien-Laufcup 2023

Langstrecke

| Platz | Name | Vorname | Jg. | Altersklasse | Verein | Lüchow (5000 m) | Gartow (9,4 km) | Zw.Erg | Lüchow (10 km) | Endergebnis |
|-------|-----------|-----------|------|--------------|----------------|--------------------|--------------------|---------|-------------------|-------------|
| 1/1 | Schwarz | Jürgen | 1962 | M 60/65 | SC Lüchow | 21:09,53 | 42:15 | 1:03,24 | 44:30 | 1:47,54 |
| 2/1 | Mantey | Ringo | 1975 | M 40/45 | MTV Dannenberg | 22:07,79 | 43:10 | 1:05,17 | 46:23 | 1:51,40 |
| 3/2 | Lang | Rudi | 1958 | M 60/65 | IGAS Wendland | 22:34,67 | 43:43 | 1:06,13 | 46:09 | 1:52,26 |
| 4/1 | Münster | Thomas | 1965 | M50/55 | SV Gartow | 22:12,52 | 44:29 | 1:06,41 | 48:13 | 1:54,54 |
| 5/2 | Schilling | Gero | 1967 | M 50/55 | MTV Dannenberg | 23:21,25 | 45:31 | 1:08,52 | 48:21 | 1:57,13 |
| 6/2 | Reinhardt | Michael | 1974 | M 40/45 | IGAS Wendland | 24:05,61 | 47:07 | 1:11,12 | 49:14 | 2:00,26 |
| 7/3 | Kruse | Herbert | 1958 | M 60/65 | SV Gartow | 25:41,57 | 48:09 | 1:14,06 | 51:23 | 2:05,29 |
| | | | | | | | | | | |
| 1/1 | Erstling | Franziska | 1986 | W 30/35 | SC Lüchow | 21:54,44 | 43:40 | 1:05,36 | 46:29 | 1:52,05 |
| 2/1 | Haacke | Petra | 1960 | W 60/65 | SC Lüchow | 33:47,34 | 1:07:13 | 1:41,00 | 1:10,40 | 2:51,40 |

Kurzstrecke

| Platz | Name | Vorname | Jg. | AK | Verein | Lüchow (3000 m) | Gartow (4,7 km) | Zw.Erg. | Lüchow (6,8 km) | Endergebnis |
|-------|-----------|-----------|------|---------|---------------|--------------------|--------------------|---------|--------------------|-------------|
| 1/1 | Hadrossek | Lukas | 2006 | MJ U 18 | TSV Hitzacker | 10:33,57 | 17:27 | 28:00 | 24:55 | 52:55 |
| 2/2 | Luck | Fynn | 2006 | MJ U 18 | SC Lüchow | 12:08,43 | 20:02 | 32:10 | 28:40 | 1:00,50 |
| 3/1 | Mieth | Christian | 1968 | M 50/55 | TSV Hitzacker | 15:47,63 | 25:03 | 40:50 | 34:54 | 1:15,44 |
| | | | | | | | | | | |
| 1/1 | Koch | Lea Marie | 2000 | Frauen | SC Lüchow | 16:12,65 | 26:44 | 42:56 | 38:12 | 1:21,08 |

Weibl. Jugend U 16 u. j.

| Platz | Name | Vorname | Jg. | AK | Verein | Lüchow (800 m) | Gartow (2 km) | Zw.Erg. | Lüchow (1 km) | Endergebnis |
|-------|-----------|---------|------|------|---------------|-------------------|------------------|---------|------------------|-------------|
| 1/1 | Mieth | Jana | 2010 | U 14 | TSV Hitzacker | 2:56,49 | 7:51 | 10:47 | 3:47 | 14:33 |
| 2/1 | Hadrossek | Kira | 2008 | U 16 | TSV Hitzacker | 2:54,08 | 7:57 | 10:51 | 3:51 | 14:42 |
| 3/1 | Wenzlaff | Laura | 2012 | U 12 | SV Gartow | 3:10,02 | 8:56 | 12:06 | 4:14 | 16:20 |
| 4/1 | Luck | Greta | 2015 | U 10 | IGAS Wendland | 3:36,93 | 9:38 | 13:14 | 4.40 | 17:54 |

Männl. Jugend U 16 u. j.

| Platz | Name | Vorname | Jg. | AK | Verein | Lüchow (1000 m) | Gartow (2 km) | Zw.Erg. | Lüchow (1 km) | Endergebnis |
|-------|----------|---------|------|------|-----------|--------------------|------------------|---------|------------------|-------------|
| 1/1 | Koletzke | Felix | 2010 | U 14 | SC Lüchow | 3:59,20 | 7:59 | 11:58 | 3:50 | 15:48 |
| 2/1 | Neumann | Emil | 2012 | U 12 | SC Lüchow | 4:04,30 | 8:13 | 12:17 | 3:55 | 16:12 |
| 3/1 | Dennhof | Anton | 2008 | U 16 | SV Gartow | 4:07,05 | 9:36 | 13:43 | 4:27 | 18:10 |
| 4/2 | Wenzlaff | Felix | 2009 | U 16 | SC Lüchow | 4:20,57 | 9:36 | 13:56 | 4:31 | 18:27 |